



PHCP FEBRUARY NEWS

News from the Director

February is healthy hearts and teeth month. The children will be learning about their teeth and body. Developing healthy habits at a young age will help them to be health conscious adults. The classes will have lots of fun doing experiments with eggs and different liquids to observe what sugar does to the enamel on our teeth. All the classes will have a Valentine's Day celebration. The children have been learning how Jesus loves them and wants to bless them. This month the fruit we are talking about is goodness. God gives us His Spirit and His Love so we can share it with others. Goodness does— love is best expressed as an action. Discuss with your children acts of kindness and how they can share His Love with others.

In February some of the children will also be learning about dinosaurs, Winter Olympics, weather and presidents. They are so curious at this age and love to learn new things! Young children learn best by doing. When children are actively involved in their learning, they are developing critical thinking, speaking and listening skills. At home, teaching your child life skills is very important. Have your child help set the table, sort and match socks, measure, stir and break eggs. Ask your child questions and listen to them to understand how they think. Children at this age love to help!

We have had some very cold days this winter. Please send your child with gloves and a hat. Most of the classes will go outside every day to get fresh air. Exercise is so important for young children. It strengthens their heart, lungs, bones, muscles and joints. It also develops vital connections in the brain, which improves concentration, thinking and memory skills. The best way to encourage your child to get exercise is to make it a fun family activity.

Thank you for continuing to do our health screening and communicating with us when you have a question or concern. This is a wonderful time of year! We are looking forward to watching them grow and learn more about their world, God and each other.

God's Blessings,
Christine Jenne



Important Dates

- February 11 —Scholastic orders due
- February 17,18—SPIRIT DAYS
- February 21—PHCP CLOSED for Presidents' Day



Parent Group News

Happy February everyone!

We will host the first Parent Group Meeting of the year on Friday, February 11th after pick up in the Fellowship Hall. We will focus on planning some fun activities for the spring, including restaurant nights, Teacher Appreciation Week, and our Spring Spectacular!

We will have a couple of restaurant nights coming up to support our preschool. I am awaiting confirmation on the dates and will share the information on our Facebook page and in the weekly emails from Mrs. Murphy.

We have a fun week planned to celebrate our amazing teachers at PHCP from March 14th to 18th! Your child should have received a hand out in their backpack with the details. All donations are due to Mrs. Murphy by Friday, February 25th.

If you would like to celebrate your child's birthday, you can purchase an ice cream party for the class for \$20. All you need to do is fill out the form via the following link: <https://forms.gle/23it4eXLqCrthJ1VA> After you submit the form please text or email me and let me know. Please give me one week's notice. All proceeds support the parent group activities!

I look forward to connecting with all of you next Friday!

Many Blessings,
Allison Bryant
Parent Group Chair
Allison.k.bryant@icloud.com

Chapel

Fruit of the Spirit

February—Goodness

January—Kindness

December—Patience

November—Peace

October—Joy

September—Love



This month we will learn about Jesus and the beginning of His ministry including the blessing of the children, the greatest commandment and the importance of serving.

"God is Love"
(I John 4:8)

