

PHCP FEBRUARY NEWS

News from the Director

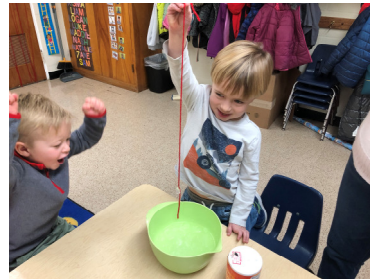
February is a month for healthy hearts and teeth. This month the children will be learning how to make good choices for their body. The classes will also be discussing feelings and how to deal with anger, disappointment and frustration. We are teaching them how to be brain smart. This will help the children to be responsible and develop self-control. It is important to acknowledge how a child is feeling. Preschoolers need to know they are accepted, loved and safe. When we validate their feelings we are telling them it's OK to feel this way. Sometimes children need to take a break to calm down so they can make the better choice. Learning how to process feelings enables children to become emotionally mature. Being emotionally healthy helps the child function in the executive part of their brain, which is where learning takes place.

Please make sure to dress your child appropriately for winter weather— they will go outside every day if possible. Please label outer garments. Our lost and found is under the bench across from the office. Our classes for next year are filling up. If you plan to return to our school next year please turn your registration form in as soon as possible.

There will be a free Parent's Night Out on Friday, February 14th from 5:30 to 8 pm. Children will enjoy a pizza dinner, crafts, games, bible verses about God's love and a movie with popcorn while you enjoy some time to yourselves. Sign ups will be outside your child's class soon. If you plan for your children to attend please sign up by February 12. This event will be in the fellowship hall, and is for all preschool children and their siblings ages 2 - sixth grade.

This is a wonderful time of year! The children have all grown so much! There is lots of exploring and learning going on in all of the classrooms. There are no formal conferences planned during the remainder of the school year, however if you would like to meet with your child's teacher before the end of the year, please ask to schedule one.

God's Blessings,
Christine Jenne



**Dental Hygienist
Presentation**
Friday, Feb. 7
9:15am



Important Dates

- February 5—Moe's Restaurant Night
- February 7—Dental Hygienist Visit 9:15am
- February 12—Moms Connect
- February 13,14—Valentine's Day Parties
- February 14 —Scholastic orders due
- February 17—PHCP CLOSED for Presidents' Day
- February 20,21—SPIRIT DAYS
- February 26—Moms Connect
- February 27—SUPER DADS SCIENCE NIGHT

Moms Connect

February 12th & 26th
9:15-10:45

Messengers Classroom (upstairs)

In February we are learning more about the Bible through "Seamless," by Angie Smith.

We will meet the 2nd and 4th Wednesday of each month. Come connect with us and invite your friends. Moms Connect is open to all moms! Free childcare, coffee & prayer. Please contact

Katherine Rounseville at ktp1999@hotmail.com



Save the Date **Super Dads!**

Thursday, February 27th
6:30-7:30 pm
Science and Sundaes



Parent Group News

Chapel

Fruit of the Spirit

February—Goodness
January—Kindness
December—Patience
November—Peace
October—Joy
September—Love



This month we will learn about Jesus and the beginning of His ministry including the blessing of the children, the greatest commandment and the importance of serving.

"God is Love"
(I John 4:8)

Happy February Everyone! It's hard to believe that it's almost Valentine's Day! Which is why we are already looking ahead to the Spring happenings at PHCP! First we just wanted to thank everyone who came out to our January meeting. We had a wonderful turn-out and talked about all the upcoming events in 2020. For this month we have two wonderful happenings to look forward to - Moe's Restaurant Night is this Wednesday, Feb 5th from 5p-8p and our Teacher Appreciation Week is taking place on Feb 18-21. Please get your donations into Sue by Feb 3 so that we are able to honor our teachers in the way that they deserve!

NEW SOCIAL EVENT:: Join us at AR Workshop, Tuesday, February 25th from 7p-9:30p for "Crafty Tuesday". Make your own wood planks and more! E-mail with further details to come.

Next up will be Bingo on Friday, March 6th from 5:30p - 7:30p. We are asking for \$10 per family to play. Pizza, drinks and dessert will be provided from 5:30p-6:15p and Bingo will start at 6:30p. There will be lots of prizes to go around and many chances to win so please mark your calendar for this fun event! The Under the Sea assembly will also take place in March. Instructors from Glen Echo Aquarium will visit PHCP on Friday, March 20th to give a live animal presentation to all students at PHCP! Students who do not go to school on Fridays may come with an adult to enjoy the show!

Then it will be April and we will be in full swing getting ready for the biggest event of the year, PHCP's Spring Spectacular! It will take place on Saturday, May 9th from 2p-5p. Please be on the look out for e-mails regarding this community-wide event. Each classroom will be asked to create a basket for our Silent Auction and we will be asking everyone for donations and/or to volunteer to help make this event a success!

Last but not least, we are looking for two parents to help lead the Parent Group next year! It is a wonderful way to meet new friends, get involved and help give back to the preschool and the surrounding community! If you or a friend are interested for the 2020-21 school year, please let us know! Thank you again and if you have any questions or concerns, please don't hesitate to contact us anytime! Happy Leap Year!

Danielle Albers
Albers_danielle@yahoo.com

Lauren Dolinski
pareti@hotmail.com

Junior K / PreK Art Night!



Tuesday, March 31
6:30 p.m.

